

# Gender Sensitization Action Plan for 2023-24

## 1. Vision and Objectives

- Promote gender awareness and inclusivity within the college and local community.
  - Empower students with knowledge and skills to combat gender biases and gender-based violence.
  - Enhance the participation of women in leadership, skill development, and decision-making processes.
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## 2. Planned Activities

### 1. Awareness Programs and Workshops

- **Expert Lecture on Women's Rights and Legal Protections:** Conduct a lecture by a legal expert to educate students about women's laws and rights. Focus on addressing workplace harassment, domestic violence, and cyber safety.
- **Cancer Awareness Visit:** Organize a visit to a cancer research center to educate students about the importance of early detection and preventive measures, particularly for cervical and breast cancer

### 2. Skill Development and Competitions

- **Creative Expression Events:** Plan competitions such as Rangoli (with themes on women's empowerment) and Mehendi art to showcase creativity and highlight women's empowerment
- **Entrepreneurship and Startup Sessions:** Arrange sessions in collaboration with SSIP-IIC / SEP Committee focusing on encouraging female entrepreneurship. Invite successful women entrepreneurs to share their journeys and inspire students

### 3. Self-Defense and Safety Training

- **Certificate Course on Self-Defense:** Conduct a 30-hour certified self-defense training course for students, teaching them techniques to protect themselves from physical and emotional threats
- **School Outreach Programs:** Extend self-defense training to nearby schools, such as the program planned for Bhamariyapura Primary School girls

### 4. Health and Hygiene Awareness

- **Menstrual Hygiene Workshops:** Conduct sensitization sessions on menstrual health and the use of sanitary napkin vending machines and incinerators. Demonstrate their usage and explain their benefits to students

### 5. Cultural and Community Engagement

- **Food Fest:** Organize a food fest to promote community building, teamwork, and inclusivity as well as Entrepreneurship and Leadership
- **CWDC General Meeting:** Host regular meetings to discuss the progress of initiatives and gather suggestions from students

### 6. Gender Sensitization Drives

- Plan and execute sensitization campaigns focused on reducing gender stereotypes and fostering respect for all genders.
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### 3. Implementation Timeline

Quarter	Activity Focus
April - June	Cancer awareness visit, start-up sessions, and menstrual hygiene workshops.
July - September	Rangoli and Mehndi competitions, general sensitization workshops, and planning for self-defence programs.
October - December	Self-defence certificate courses, entrepreneurship training, and health workshops.
January - March	Final sensitization workshops, outreach to schools for self-defense, and cultural events like food fests.

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### 4. Resources

- Partnerships with NGOs, health professionals, and legal experts.
  - Financial support for training programs and workshops.
  - Collaboration with local schools and institutions.
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### 5. Monitoring and Evaluation

- Use feedback forms, surveys, and discussions to assess the impact of each activity.
  - Create detailed reports of all events with participation statistics and visual documentation.
  - Review outcomes during general meetings.
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### 6. Anticipated Outcomes

- Improved awareness of gender issues among students and staff.
- Empowerment of students with self-defense and entrepreneurial skills.
- Creation of a safe and inclusive environment that celebrates diversity and promotes equality.